

MEDITATIONAL RECITATION OF VAJRASATTVA

I go for refuge to the Triple Gem. I shall liberate all sentient beings and place them in the state of enlightenment. I shall purely generate bodhicitta. (3x)

On the crown of my head, from a PAM, comes a lotus and on it, from an AH, a moon-disc mandala. On top of this, from a HUM, comes a five-spoked white vajra, the hub of which is marked with a HUM. From this, light rays emanate and collect back together, transforming into Vajrasattva. He has a white colored body, one face and two arms, holds a vajra and bell and sits in the vajra position. In his heart, on a moon, is a white syllable HUM, from which light rays emanate, inviting forth wisdom beings who are like himself. They [combine and] become non-dual.

Once again, from the HUM at his heart, light rays emanate and invite forth the empowering deities. “O all Tathagatas, please confer the empowerment.” Having thus been requested, they hold up vases filled with the nectar of wisdom and confer the empowerment, saying, OM SARVA TATHAGATA ABHIKSHEKATA SAMAYA SHRIYE HUM.

Thus initiated, (Vajrasattva’s) body becomes filled with the nectar of wisdom and Akshobhya adorns his crown.

“O Bhagavan Vajrasattva, I request you to cleanse and purify myself and all sentient beings of all our negativities, obstacles and degenerated and broken words of honor. Having thus been requested, from the HUM at his heart, light rays emanate, cleansing all sentient beings of their negativities and obstacles and making offerings to please all the buddhas and their offspring. All their good qualities collect back together in the form of light, which dissolves into the HUM at his heart, whereby his brilliance, power and strength become the quintessence of the sublime.

OM VAJRASATTVA SAMAYA/ MANU PALAYA/ VAJRASATTVA TVENO PATISHTA/ DRIDHO ME BHAVA/ SUTOSHYO ME BHAVA/ SUPOSHYO ME BHAVA/ ANURAKTO ME BHAVA/ SARVA SIDDHIM ME PRAYACHHA/ SARVA KARMA SUCHA ME/ CHITTAM SHRIYAM KURU HUM/ HA HA HA HA HOH/ BHAGAVAN SARVA TATHAGATA/ VAJRA MA ME MUNCHA/ VAJRA BHAVA/ MAHA SAMAYA SATTVA AH HUM PHAT (21X)

Out of ignorance and delusion I have transgressed my words of honor and let them degenerate. O Lama, Protector, please grant me refuge. Principal One holding the Vajra, in the nature of great compassion, to you, the Lord of Beings, I turn for refuge.

Vajrasattva replies, “O child of the family, you are cleansed and purified of all your negativities, obstacles and degenerated and broken words of honor.” He then dissolves into me. My three doors become inseparable from the holy body, speech and mind of Vajrasattva.

Dedicate with “Jampel Pawo” and so forth.

Colophon:

This excerpt was taken from the long sadhana of Solitary Hero Yamantaka for students to practice after receiving the empowerment and commentary from Geshe Tsulga, November 1–2, 2008. Adapted by Nick Ribush, November 2020.